

Healthwatch West Sussex

We have a simple ambition, at Healthwatch West Sussex. To make local health and social care services better for people that use them. We are here to **listen, take action** and **influence positive change** for local people living in West Sussex. We play a role at both local and national level and will make sure that the views of local people are taken into account.

Not only do we collect anonymously the experiences of local people, but we also provide free information and guidance, call 0300 012 0122.

You can also access **free Independent Health Complaints Advocacy (IHCAS)** if you need guidance on an NHS complaint or practical support, on this number too.

Share your story with us

There are many ways to contact us -

Website: healthwatchwestsussex.co.uk

Call: 0300 012 0122

Email: helpdesk@healthwatchwestsussex.co.uk



Together we speak louder.

Healthwatch West Sussex is transparent and independent, with the authority to demand action.



Follow our social media channels

Always keep updated with the latest in health and social care news across West Sussex.

f [healthwatchwestsussex](#)

X [healthwatchws](#)

@ [healthwatchws](#)

Community Partnerships

We welcome opportunities to work collaboratively and in partnership with Community, Voluntary and Social Enterprise organisations within West Sussex to ensure that more peoples voice is heard to help shape local health and care services.

To discuss further, contact Cheryl Berry, Email cheryl.berry@healthwatchwestsussex.co.uk or telephone 07966 529756.

w: healthwatchwestsussex.co.uk

t: 0300 012 0122

healthwatch
West Sussex

Key areas of focus for 2023–2025

Mental Health



Dentistry and General Practices



Adult Social Care



Women's Health



Information, Advice and Signposting



Independent Health Complaints Advocacy (IHCAS) funding



[Read the full area of focus document](#)